

# Give Students the Edge They Need to Succeed



## Grit, resilience, perseverance, passion and purpose are the keys to success in college and in life

according to authors Paul Tough (*How Children Succeed*) and Angela Duckworth (*Grit*)

### EVERY STUDENT NEEDS A COACH

Especially those students who:

- Struggle to reach their full potential
- Have learning and attention challenges
- Are at risk of dropping out
- Survived adverse childhood experiences (ACEs)
- Experienced post traumatic stress in various forms, such as returning veterans

Each of these students is brilliant in their own way, but they suffer from a deficit in their executive functioning skills—their ability to plan, prioritize, be on time, stay on task, follow through, be flexible and adapt if things do not go according to plan.

### EDGE COACHING WORKS

Ten years of university based, randomized, double blind, control group research and pilot testing have proven that Edge Coaching and Edge Coach Training works. Edge Coaching is four times (4X) more effective than any other educational intervention on the issues that these students deal with:

- Self-regulation
- Perseverance
- Willpower and grit

### HOW EDGE CAN HELP

The Edge Foundation team will work with you to tailor a program for your college or university. We will help train each student in the executive functioning skills needed for them to persevere, to pursue their passion and purpose, to be resilient, and to have grit. We can:

- Provide certified Edge Coaches for impactful one-on-one coaching for individual students
- Train selected members of your staff to be Edge Coaches to provide the one-on-one coaching
- Train your entire faculty and staff in Edge Coaching techniques so they can be even more effective in their role and so they can communicate with all students in a supportive non-judgmental way

### CONTACT EDGE TODAY

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